

Felixstowe Nursery School

Safeguarding and Welfare Requirement : Safety and Suitability of premises, Environment and Equipment

Providers must have and implement a policy, and a procedure to ensure safety in the sun and promote sun safety awareness

Sun Protection/Sun Awareness

Statement: - We want everyone at our setting to enjoy the sun safely. We will ensure all children and adults are protected throughout the year by promoting sun safety and reducing exposure to ultraviolet rays through a comprehensive approach considering sun protection behaviour, organisation of activities and education of children and adults. We are aware that children under the age of four, children with disabilities and complex health needs are more at risk and will receive the correct protection.

Procedures

Education

- Parents have access to our sun protection policy.
- All parents are given a newsletter at the end of the spring term explaining the importance of sun safety/protection and how we can work together to achieve this.
- We read stories and display posters and provide information about the importance of keeping safe in the sun and how it can be achieved.
- We plan sun awareness and sun safety activities as part of session activities.
- We raise awareness of sun safety through a variety of practical activities and discussions.
- We discuss the importance of having and using the correct protection with the children as part of our planning and activities and in promoting a healthy lifestyle, educating them to make positive choices that they will continue as they get older.
- We discuss the importance of drinking more fluids during the warmer weather.
- We promote the Sun Smart Code (Cancer research) in our setting and follow their guidance.

Spend time in the shade between 11 and 3

Make sure you never burn

Aim to cover up with t-shirt, hat & sunglasses

Remember to take extra care with children

Then use factor 15+ sunscreen

Protection

- The children will be encouraged to play in the shaded area of the playground
- The children will spend more time playing outside before 11am time and will be restricted after this period as the sun is at its hottest between 11-3.
- On very hot days (over 30°C) we do not take part in or have vigorous physical activities, this as part of our daily risk assessment during the warmer weather.
- We encourage parents to apply sunscreen to the child prior to them coming into the setting.
- We provide sunscreen of at least factor 15+ with uva+uvb coverage that parents can apply if they haven't already done so before coming into the setting.
- We obtain written permission and consent from parents for staff to apply or reapply sun screen as required.
- Children that have sensitive skin or allergies, we request parents bring in a bottle of sunscreen labelled with their child's name on it.
- We request that parents provide their children with a hat to wear whilst playing outside. The setting does provide spare ones to give to those children that don't bring them in.
- We encourage parents to provide clothing that can be used to cover skin to prevent too much exposure and supply spare clothing that can be used for this purpose.
- Fresh cool drinking water is available and accessible at all times throughout the session.
- The children are encouraged to drink regularly to maintain hydration.

Staff are aware of the dangers that over exposure to the sun can have and implement the policy and procedures to avoid this. However they are also aware of the signs and symptoms of this and cover the identification and treatment through regular first aid training and updates

This policy was adopted at a meeting of Felixstowe Nursery School.

Held on

Date to be reviewed.....

Signed by Chairperson.....

Signed by Manager.....